

Central Okanagan Family Hub - Kelowna

www.facebook.com/COFHP for up-to-date info or www.cofh.ca

Hours: Monday - Friday, 8:30am – 4:00pm

Location: 700 Pearson Road, Kelowna, BC



August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Program Key: Red= Registered program: Pre-registration required. Closed groups that run for several weeks. Green= Drop-in: Join without prior registration			1 Drop-in Play Time, 9:30am-11:30am Drop-in Play Time, 12:00pm-3:30pm	2 Drop-in Play Time, 9:30am-12:00pm Language Cafe, 12:30pm-2:30pm Drop-in Play Time, 2:30pm-3:30pm
5 Hub Closed	6 Drop-in Play Time, 9:00am-11:30am Summer Reading Program, 9:00am-1:00pm FCC Community Partner Visit, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	7 Drop-in Play Time, 9:30am-11:30am Drop-in Play Time, 12:00pm-3:30pm	8 Drop-in Play Time, 9:00am-11:30am Summer Reading Program, 9:00am-1:00pm Drop-in Play Time, 12:00pm-3:30pm	9 Parent Talk, 9:30am-12:00pm Language Cafe, 12:30pm- 2:30pm Drop-in Play Time, 2:30pm-3:30pm
12 Drop-in Play Time, 9:30am-11:30am Drop-in Play Time, 12:00pm-3:30pm	13 Drop-in Play Time, 9:00am-11:30am Summer Reading Program, 9:00am-1:00pm Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	14 Food Support Program, YMCA CRR: Community Partner Visit 9:30am-12:30pm Drop-in Play Time, 1:00pm-3:30pm	15 Drop-in Play Time, 9:00am-11:30am Summer Reading Program, 9:00am-1:00pm Drop-in Play Time, 12:00pm-3:30pm	16 Parent Talk, 9:30am-12:00pm Language Cafe, 12:00pm- 2:30pm Drop-in Play Time, 2:30pm-3:30pm
19 Drop-in Play Time, 9:30am-11:30am Drop-in Play Time, 12:00pm-3:30pm	20 Drop-in Play Time, 9:00am-11:30am Summer Reading Program, 9:00am-1:00pm Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	21 Drop-in Play Time, 9:30am-11:30am Drop-in Play Time, 12:00pm-3:30pm	22 Drop-in Play Time, 9:00am-11:30am Summer Reading Program, 9:00am-1:00pm Drop-in Play Time, 12:00pm-3:30pm	23 Parent Talk, 9:30am-12:00pm Language Cafe, 12:30pm- 2:30pm Drop-in Play Time, 2:30pm-3:30pm
26 Physio with Melina, 9:00am-11:00am Drop-in Play Time, 11:30pm-3:30pm	27 Drop-in Play Time/ Indigenous Learning, 9:00am-11:30am Summer Reading Program, 9:00am-1:00pm Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	28 Food Support Program, FCC & Launch Okanagan: Community Partner Visit 9:30am-11:30pm Drop-in Play Time, 12:00pm-3:30pm	29 Drop-in Play Time, 9:00am-11:30am Summer Reading Program, 9:00am-1:00pm Drop-in Play Time, 12:00pm-3:30pm	30 Parent Talk, 9:30am-12:00pm Language Cafe, 12:30pm-2:30pm Drop-in Play Time, 2:30pm-3:30pm



Programs this Month: [Call](tel:236-970-4567) or [text](tel:236-970-4567) to [236-970-4567](tel:236-970-4567) for your scheduled Family Hub time. The Hub is open from 9:00am-4:00pm every day.

Drop-in Programs:

Family Play Time at the Hub, The Bridge Youth and Family Services



Parents/caregivers with children are welcome to drop-in for a family play time in the HUB playroom. For more information call the HUB at [236-970-4567](tel:236-970-4567).

Parent Talk: The Bridge Youth and Family Services

Support and information group for parents of children 0-6 years old. Opportunity for parents to share and gather information about issues that are impacting their lives and their parenting, create connections, and be a part of a supportive parenting community.

Childcare is provided. Please bring a snack for your child(ren).

Select Fridays, 9:30am - If you are new to this group and would like to join, call Laura at [250-878-6331](tel:250-878-6331)



Language Café

For newcomers! It's a free program where you learn fundamental English skills. Specifically designed for individuals with zero English proficiency. We provide childcare support for your convenience.

Fridays, 12:30pm-2:30pm



Indigenous Learning at The Hub, The Bridge Youth and Family Services

Parents/caregivers with children are welcome to drop-in for Indigenous learning activities in the HUB playroom. Opportunity for children to learn and create Indigenous crafts and treats.

Last Tuesday of the month, 9:30am-11:30am

Community Partners:

Food Support Program: The Bridge Youth & Family Services, Helen's Acres Community Farm, Central Okanagan Community Food Bank

Receive food support while connecting with community partners to explore local resources. Email Laura at laura.banman@thebridgeservices.ca or Maya at maya@cofh.ca to book an appointment. Launch Okanagan will be available on the day to connect with you and offer 1:1 support.

Every 2nd and 4th Wednesday of the month, 9:30am-12:30pm

Registered Connect & Play - KCR Family Friend Program

Playtime for moms and children is part of the Family Friend Program. Meet other moms in the program and let your children play.

Select Tuesdays, 12:00pm-2:00pm - Email familyfriend@kcr.ca, or visit www.kcr.ca/family-services/family-friend



Summer Reading Program

Free reading program for hesitant readers, includes creative reading, activities and more. For children in grades 1-3 who struggling with reading - children must be referred by their school teacher.

Register by June 28th with Dorothy at admin2@projectliteracy.ca or call [250-762-2163 ext.3](tel:250-762-2163)

The summer reading program takes place twice a week and is provided in partnership with Project Literacy, the [Central Okanagan Family Hub](#) and [KCR Community Resources](#). Funding provided by the [Central Okanagan Foundation](#), [Source Office Furniture](#) and [Kelowna Morningside Rotary](#).



Rotary Club
of Kelowna

